



GREAT FALLS YOUTH RUGBY

Field location/address/directions and Emergency Plan

Field name: Nike Park (at Forestville Elementary School, Great Falls)

Address: 1111 Utterback Store Rd., Great Falls VA 22066

Easy access via Rte 66 or 495: thru to Route 7/Leesburg Pike, turn onto Utterback Store Rd to field. Or from Georgetown Pike, turn onto Utterback Store Rd, drive a mile and field is on left.

- Ample parking (see map)
- Several portapotties
- Great Falls Fire Station on site
- Nando's Restaurant and Kiwi Pies again on site

Schedule:

U6 & U8: Nike 4, from 10am-11am

U10: Nike 4, from 9am to 11am

U12: Nike 4, from 11am-12:20pm

U14: Nike 4&7: from 11am-3:00pm

HS Boys JV: Nike 7, from 9:30-12:30

HS Girls: Nike 8, from 11:35am-3:00pm

Boys Varsity: Nike 8&7, from 8:30am-12:30



Emergency Action Plan for Great Falls Youth Rugby

Location: At Forestville Elementary School, NIKE PARK, 1111 Utterback Store Rd., Great Falls VA 22066

Medical Supplies Available: Medical Kit (at mid-field, touchline)

Personnel/EMT: Great Falls Fire&Rescue will be on site.

1. GFYR Coach (supervising the field of play where injury occurs) calls 911 to activate EMS. This person will instruct EMS to report to the appropriate address and location above.
2. GFYR Coach (supervising the field of play where injury occurs) has responsibility of flagging down EMS and clearing bystanders from victim.
3. A trained Medical Person-EMT provides First Aid/emergency care until EMS personnel arrive. They then provide pertinent info to EMS (cause of injury, vital signs, treatment rendered, medical history) and assists with emergency care, as needed.
4. Parent, or appropriate Team coach accompanies athlete to the treatment facility/hospital. If Parent(s) are not in attendance, appropriate Team Coach will contact player's parents/guardians/family, using Team maintained recall roster.

Closest Medical Treatment facilities / Emergency Telephone Numbers:

- Call 911, or:
- **Great Falls Fire Department** (>3 miles / 5 mins)
 - <http://www.greatfallsvfd.org> TEL: 703.759-2300
 - 9916 Georgetown Pike, Great Falls
 - *Directions: from field parking turn right, drive out to Georgetown Pike, make a right, drive 2 miles to Fire Dept on the left.*
- **Ace Urgent Care** (>3 miles / 5 mins)
 - <http://acemedicalcare.org/> TEL: 703.757.0311
 - 9845 Georgetown Pike, Great Falls
 - Hours: 8am-9pm Mon-Sun
 - *Directions: from field parking turn right, drive out to Georgetown Pike, make a right, drive 2.1 miles past Fire Dept, left at traffic light, right into small mall.*
- **Inova Emergency Care Center** (6.0 miles / 15 mins)
 - 11901 Baron Cameron Ave., Reston VA TEL: 703.668-8333
- **Reston Hospital/Emergency Room** (6.1 miles/15 mins)
 - 1850 Town Center Pkwy, Reston VA TEL: 703.689-9000